

The Thousand Steps of the Heroic Journey

Step One: Begin the Journey Here

Begin where we are. Where we are is the only point from which we can begin.

Step Two: Preparation

Preparation is everything. Become Strong- - In Body, Mind, Heart and Spirit.

Step Three: Call to Adventure

Discern with Care the Call to Adventure. See Possibility in Precipitating Events.

Step Four: Crossing the Threshold

We surrender to choice, and we must have a good answer for the Guardians at the Gate who question our intentions and convictions.

Step Five: The Road of Challenges

Here we meet our new teachers, our hardest assignments, and we will surely be tested.

Step Six: The Gift, The Accomplishment

This is the moment when we know why we have come, when our skills have matched the challenges, for we have climbed the mountain and we are filled with purpose and joy!

Step Seven: The Magical Return

On our return, we are elated with our accomplishments, and at risk of the dangers of the down-climb.

Step Eight: Coming Home

Our self-focused elation meets the Guardians of the Gate who once again question our intentions and convictions.

Step Nine: Choreographer of Two Worlds

We return home to our point of origin with a better sense of who we are, what we have been through and what we can go through.

Step Ten: Begin the Journey Here

We begin the next journey with learning from the last, and this time we seek and recognize the allies everywhere to help us. The greatest gift of all is when we realize we can serve as allies for others.

